SUMMER TENNIS CAMP (FOR 8 to 18-YEARS-OLD) AT RAFA NADAL ACADEMY

Rafa Nadal Academy

Rafa Nadal has transformed his training base into a high-performance tennis academy where he and his team are preparing young athletes using a unique programme based on Rafa's own training system and values.

Led by Toni Nadal, Rafa's coach, the team at the Academy is comprised of a group of coaches and other professionals that have accompanied Rafa during his sporting career. The team in which he has always trusted has an important role at the Academy.

Location

Located in Rafa's hometown of Manacor in Mallorca (Spain), where has an ideal climate and environment to complement the physical activities along with great cuisine, culture and recreational activities Mallorca has to offer. It also has a perfect location on the island, just 30 minutes from Palma de Mallorca Airport and just 10 minutes away from the coast. The Academy complex boasts a tourist sports centre with ideal accommodation with a modern and comfortable residency.

Facilities

There is a large sports complex and spectacular state-of-the-art facilities include 19 hard-court tennis courts, 7 clay courts and 1 indoor court; as well as fitness centre, padel courts, football pitch, sports shop, etc. All of the tennis courts are maintained and prepared by a first-rate team of ground staff. The Academy also combines tennis and education to ensure that students can follow their tennis career without having to forsake their academic progress.

Features

- ➤ 20½ hours of tennis coaching per week
- ➤ 10 hours of fitness training / sports activities
- ➤ 6 hours of Building a Champion activities per week
- ➤ Accommodation at the Academy's supervised residence
- ➤ Breakfast, lunch, afternoon snack and dinner
- ➤ Medical care, physiotherapy (if required) and nutrition service
- ➤ Leisure and recreational activities
- ➤ Guided visit to the Rafa Nadal Museum Xperience
- ➤ Competitions on Saturdays
- ➤ BBQ dinner and trophy presentation
- ➤ Transfer services

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